



**Roasted and Salted Pecans
(100 grams)**

<u>LABEL ANALYTES</u>	<u>Unit</u>	<u>Value per 100 g</u>	<u>Amount Per Serving</u>
Calories	g	743.3	743.3
Total Fat	g	72.73	72.73
Monounsaturated Fat	g	36.06	36.06
Polyunsaturated Fat	g	24.89	24.89
Saturated Fat	g	8.55	8.55
Trans Fat	g	<0.10	<0.10
Cholesterol	mg	<0.8	<0.8
Sodium	mg	1240	1240
Potassium	mg	304	304
Total Carbohydrate	g	12.8	12.8
Dietary Fiber	g	8.00	8.00
Sugars	g	3.16	3.16
Fructose	g	<0.25	<0.25
Glucose	g	<0.25	<0.25
Lactose	g	<0.25	<0.25
Maltose	g	<0.25	<0.25
Sucrose	g	3.16	3.16
Protein (F=5.3)	g	9.38	9.38
Calcium	mg	57.6	57.6
Iron	mg	2.3	2.3
Moisture	g	0.75	0.75
Ash	g	4.39	4.39
Vitamin D2	mcg	<0.75	<0.75
Vitamin D3	mcg	<0.55	<0.55
Total Vitamin D	mcg	<0.55	<0.55

REFERENCE:
SILLIKER, Inc.
Illinois Laboratory
3600 Eagle Nest Drive, North Building
Crete, IL 60417
Ph.: 877-777-6375 Fax: 312-729-1320

Serving Size and Net Wt. were provided by the client.
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