

GKI YOGURT HARVEST PRETZEL

02/24/2011

Nutrition Facts	
Serving Size (40g)	
Servings Per Container	
Amount Per Serving	
Calories 200	Calories from Fat 90
% Daily Value*	
Total Fat 10g	15%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate 27g	9%
Dietary Fiber 0g	0%
Sugars 17g	
Protein 2g	
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300 mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: YOGURT COATING (SUGAR, PARTIALLY HYDROGENATED PALM KERNEL OIL, NONFAT MILK POWDER, WHOLE MILK POWDER, YOGURT POWDER (CULTURED WHEY AND NONFAT MILK), LACTIC ACID, SOY LECITHIN (AN EMULSIFIER), VANILLIN (ARTIFICIAL FLAVOR)), WHEY SOLIDS, CREAM 73100 (PARTIALLY HYDROGENATED SOYBEAN OIL, CORN SYRUP SOLIDS, SODIUM CASEINATE, MONO AND DIGLYCERIDES, DIPOTASSIUM PHOSHPHATE), SOUR CREAM FLAVOR), PRETZELS (WHEAT FLOUR, CORN SYRUP, SALT, VEGETABLE OIL (MAY CONTAIN ONE OR MORE OF THE FOLLOWING: CORN, CANOLA, COTTONSEED, SOYBEAN), SODIUM BICARBONATE, YEAST), STRIPING (SUGAR, PARTIALLY HYDROGENATED PALM KERNEL OIL, WHEY, WHOLE MILK, SALT, NATURAL VANILLA, SOY LECITHIN, FRACTIONATED COCONUT OIL, FD&C RED 40 LAKE, FD&C YELLOW 5 LAKE, FD&C BLUE 2 LAKE, FD&C YELLOW 6 LAKE AND SOY LECITHIN).

Contains Milk, Soy and Wheat.

Allergy information: this product made in facility that processes peanuts, tree nuts, soy, wheat and dairy products.