

RAW BRAZIL NUTS

Nutrition Facts	
1 serving per container	
Serving size	1 oz (28g)
Amount per serving	
Calories	190
% Daily Value *	
Total Fat 19g	29%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 3g	1%
Dietary Fiber 2g	9%
Total Sugars 1g	
Includes 0g Added Sugars	
Protein 4g	
Vitamin D 0mcg	0%
Calcium 50mg	4%
Iron 0.7mg	4%
Potassium 190mg	6%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories per day is used for general nutrition advice.	

INGREDIENTS: RAW BRAZIL NUTS.

CONTAINS BRAZIL NUTS.