

Shah Trading Co. Ltd.
 3401 Douglas B. Floreani, St
 Laurent, QC H4S 1Y6

**SPÉCIFICATION DE PRODUIT /
 PRODUCT SPECIFICATION**

Date rev. / Rev Date: May 14, 2013 FAW-QCD

GRAINES DE CITROUILLE RÔTIES A SEC NON SALÉES / PUMPKIN SEEDS DRY ROASTED NON SALTED

Nutrition Facts	
Valeur nutritive	
Per 100 g Pour 100 g	
Amount Teneur	% Daily Value % valeur quotidienne
Calories/ Calories 574	
Total Fat / Lipides 49 g	77 %
Saturated / saturés 8.5 g + Trans / trans 0	45 %
Cholesterol / Cholestérol 0 mg	
Sodium / Sodium 18 mg	1 %
Carbohydrates / Glucides 15 g	6 %
Fibre / Fibres 6.5 g	16 %
Sugar / Sucres 1 g	
Protein / Proteines 30 g	
Vitamin A / Vitamine A	1 %
Vitamin C / Vitamine C	3 %
Calcium / Calcium	5 %
Iron / Fer	58 %

Ref: USDA database

Ingredient: Pumpkin Seeds and Canola Oil