



**COMPANY NAME** JLM MANUFACTURING

**PRODUCT NAME** ROASTED SUNFLOWER SEEDS SEA SALT

**DATE SENT:** 26-Apr-12

**JLM PRODUCT #** 196835/224698

**INGREDIENTS:**  
Sunflower Seeds, Roasted in Vegetable and/or  
Peanut and/or Cotton Seed and/or Soybean and/or  
Sunflower Seed Oil, Sea Salt

**MANUFACTURED BY:**  
JLM MANUFACTURING

**ALLERGEN STATEMENT:**  
This product contains sunflower seeds..

**COUNTRY OF ORIGIN:**  
USA

**SHELF LIFE:**  
6 Months

<b>NUTRITIONAL INFORMATION</b>			
<b>SERVING SIZE</b>		28g	
<b>CALORIES</b>		<b>190</b>	
<b>CALORIES FROM FAT</b>		<b>140</b>	
<b>TOTAL FAT</b>	<b>15 g</b>		<b>23%</b>
<b>SATURATED FAT</b>	<b>2 g</b>		<b>10%</b>
<b>TRANS FAT</b>	<b>0 g</b>		<b>0%</b>
<b>CHOLESTEROL</b>	<b>0 mg</b>		<b>0%</b>
<b>SODIUM</b>	<b>220 mg</b>		<b>9%</b>
<b>TOTAL CARBOHYDRATES</b>	<b>4 g</b>		<b>1%</b>
<b>FIBER</b>	<b>3 g</b>		<b>12%</b>
<b>SUGARS</b>	<b>1 g</b>		
<b>PROTEIN</b>	<b>9 g</b>		
<b>VITAMIN A</b>	<b>0%</b>		
<b>VITAMIN C</b>	<b>0%</b>		
<b>IRON</b>	<b>8%</b>		
<b>CALCIUM</b>	<b>2%</b>		

**\*PERCENT DAILY VALUES ARE BASED ON A 2000 DIET**