

GKI MILK & DARK CHOCOLATE NIB MIX

03/30/2012

<b>Nutrition Facts</b>	
Serving Size (40g)	
Servings Per Container	
Amount Per Serving	
<b>Calories</b> 180	Calories from Fat 30
% Daily Value*	
<b>Total Fat</b> 3.5g	5%
Saturated Fat 4.5g	23%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 290mg	12%
<b>Total Carbohydrate</b> 28g	9%
Dietary Fiber 2g	8%
Sugars 14g	
<b>Protein</b> 3g	
Vitamin A 0%	• Vitamin C 0%
Calcium 2%	• Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300 mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: MILK CHOCOLATE (SUGAR, COCOA BUTTER, MILK, CHOCOLATE LIQUOR, SOY LECITHIN (EMULSIFIER), LACTOSE, VANILLIN (ARTIFICIAL FLAVOR), SALT), DARK CHOCOLATE (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, CHOCOLATE LIQUOR PROCESSED WITH ALKALI, SOY LECITHIN (EMULSIFIER), VANILLA, SALT, ARTIFICIAL FLAVOR), NIBS (UNBLEACHED ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE-B1, RIBOFLAVIN-B2, FOLIC ACID), MALT, SALT, SOYBEAN OIL, YEAST) AND CONFECTIONERS GLAZE.

Contains Milk, Soy and Wheat.

Allergy Information: This product made in a facility that processes peanuts, tree nuts, soy, wheat and dairy products.

*OK 10g 4.5.12*  
*O b kaw 4.5.12*