

PRODUCT NAME Raw Walnut Halves and Pieces

JLM PRODUCT # 193333

INGREDIENTS: Raw Walnuts.

UPC: 070207015206

WEIGHT: 6.5 OZ

ALLERGEN STATEMENT: This Product Contains: Walnuts

COUNTRY OF ORIGIN: USA

SHELF LIFE: 12 MONTHS

KOSHER: 

| NUTRITIONAL INFORMATION | | |
|--------------------------------|------------|-----|
| SERVING SIZE | 1 oz (28g) | |
| SERVINGS PER PACKAGE | 6.5 | |
| CALORIES | | |
| CALORIES | 198 | |
| CALORIES FROM FAT | 170 | |
| TOTAL FAT | | |
| TOTAL FAT | 19g | 29% |
| SATURATED FAT | | |
| SATURATED FAT | 1g | 7% |
| TRANS FAT | | |
| TRANS FAT | 0g | |
| CHOLESTEROL | | |
| CHOLESTEROL | 0mg | 0% |
| SODIUM | | |
| SODIUM | 0mg | 0% |
| TOTAL CARBOHYDRATES | | |
| TOTAL CARBOHYDRATES | 3g | 1% |
| FIBER | | |
| FIBER | 3g | 11% |
| SUGARS | | |
| SUGARS | 0g | |
| PROTEIN | | |
| PROTEIN | 5g | |
| VITAMIN A | | |
| VITAMIN A | | 0% |
| VITAMIN C | | |
| VITAMIN C | | 0% |
| IRON | | |
| IRON | | 6% |
| CALCIUM | | |
| CALCIUM | | 2% |

*PERCENT DAILY VALUES ARE BASED ON A 2000 DIET