

**PRODUCT NAME**      **Roasted No Salt Sunflower Seeds**

**JLM PRODUCT #**      **193027**

**INGREDIENTS:**      **Shelled Sunflower Seeds (Roasted in Cottonseed, Soybean, and Sunflower Oil).**

**UPC:**      **070207000264**

**WEIGHT:**      **7 OZ**

**COUNTRY OF ORIGIN:**      **USA**

**SHELF LIFE:**      **12 MONTHS**

**KOSHER:**      **Ⓢ**

<b>NUTRITIONAL INFORMATION</b>		
<b>SERVING SIZE</b>	<b>1 oz (28g)</b>	
<b>SERVINGS PER PACKAGE</b>	<b>7</b>	
<b>CALORIES</b>		
	<b>179</b>	
<b>CALORIES FROM FAT</b>		
	<b>151</b>	
<b>TOTAL FAT</b>		
	<b>17g</b>	<b>26%</b>
<b>SATURATED FAT</b>		
	<b>2g</b>	<b>10%</b>
<b>TRANS FAT</b>		
	<b>0g</b>	
<b>CHOLESTEROL</b>		
	<b>0mg</b>	<b>0%</b>
<b>SODIUM</b>		
	<b>0mg</b>	<b>0%</b>
<b>TOTAL CARBOHYDRATES</b>		
	<b>4g</b>	<b>1%</b>
<b>FIBER</b>		
	<b>2g</b>	<b>8%</b>
<b>SUGARS</b>		
	<b>2g</b>	
<b>PROTEIN</b>		
	<b>7g</b>	
<b>VITAMIN A</b>		
		<b>0%</b>
<b>VITAMIN C</b>		
		<b>0%</b>
<b>IRON</b>		
		<b>9%</b>
<b>CALCIUM</b>		
		<b>2%</b>

**\*PERCENT DAILY VALUES ARE BASED ON A 2000 DIET.**