

PRODUCT NAME **Roasted and Salted Pepitas**

JLM PRODUCT # **192959**

INGREDIENTS: **Pumpkin Seeds, Salt.**

UPC: **070207022501**

WEIGHT: **2.75**

COUNTRY OF ORIGIN: **CANADA**

SHELF LIFE: **12 MONTHS**

KOSHER: **U**

| NUTRITIONAL INFORMATION | | |
|--------------------------------|-------------------|------------|
| SERVING SIZE | 1 oz (28g) | |
| SERVINGS PER PACKAGE | 2.75 | |
| CALORIES | | |
| | 162 | |
| CALORIES FROM FAT | | |
| | 0 | |
| TOTAL FAT | | |
| | 14g | 21% |
| SATURATED FAT | | |
| | 2g | 12% |
| TRANS FAT | | |
| | 0g | |
| CHOLESTEROL | | |
| | 0mg | 0% |
| SODIUM | | |
| | 72mg | 3% |
| TOTAL CARBOHYDRATES | | |
| | 4g | 1% |
| FIBER | | |
| | 2g | 7% |
| SUGARS | | |
| | 0g | |
| PROTEIN | | |
| | 8g | |
| VITAMIN A | | |
| | | 0% |
| VITAMIN C | | |
| | | 1% |
| IRON | | |
| | | 16% |
| CALCIUM | | |
| | | 1% |

***PERCENT DAILY VALUES ARE BASED ON A 2000 DIET**