

**PRODUCT NAME** Roasted and Salted Sunflower Seeds

**JLM PRODUCT #** 192874

**INGREDIENTS:** Shelled Sunflower Seeds (Roasted in Cottonseed, Soybean, and Sunflower Oil), Salt.

**UPC:** 070207000424

**WEIGHT:** 7 OZ

**COUNTRY OF ORIGIN:** USA

**SHELF LIFE:** 12 MONTHS

**KOSHER:** 

<b>NUTRITIONAL INFORMATION</b>		
<b>SERVING SIZE</b>	1 oz (28g)	
<b>SERVINGS PER PACKAGE</b>	7	
<b>CALORIES</b> 179		
<b>CALORIES FROM FAT</b> 151		
<b>TOTAL FAT</b>	17g	26%
<b>SATURATED FAT</b>	2g	10%
<b>TRANS FAT</b>	0g	
<b>CHOLESTEROL</b>	0mg	0%
<b>SODIUM</b>	142mg	6%
<b>TOTAL CARBOHYDRATES</b>	4g	1%
<b>FIBER</b>	2g	8%
<b>SUGARS</b>	2g	
<b>PROTEIN</b>	7g	
<b>VITAMIN A</b>		0%
<b>VITAMIN C</b>		0%
<b>IRON</b>		9%
<b>CALCIUM</b>		2%

\*PERCENT DAILY VALUES ARE BASED ON A 2000 DIET.