

CHICK PEAS

ALLERGEN ASSESSMENT for CHICK PEAS

| # | ALLERGEN DESCRIPTION/ COMPONENT | SOURCE OF ALLERGEN (FROM INGREDIENT LIST) | PRESENT IN THE PRODUCT (Yes or No) | PRESENT IN OTHER PRODUCTS IN THE AREA (Yes or No) | | |
|---|---|---|------------------------------------|---|------------|--------------------|
| | | | | Same Line | Same Plant | Adjacent Warehouse |
| 1. | EGGS | | No | No | No | No |
| 2. | FISH - Canned) | | No | No | Yes | Yes |
| 3. | MILK (SPECIFY: MILK, LACTOSE, CASEINATES, WHEY, ETC - Canned) | | No | No | Yes | Yes |
| 4. | NUTS | | No | No | Yes | Yes |
| 5. | PEANUTS & DERIVATIVES | | No | No | Yes | Yes |
| 6. | SESAME SEEDS | | No | No | Yes | Yes |
| 7. | SHELL FISH | | No | No | Yes | No |
| 8. | SOY PRODUCTS | | No | No | Yes | Yes |
| 9. | SULPHITES/ SULPHATES & SULPHUR DIOXIDE | | No | No | Yes | No |
| 10. | TREE NUTS & DERIVATIVES | | No | No | Yes | Yes |
| 11. | WHEAT | | No | No | Yes | Yes |
| Additional ingredient of consumer concern: | | | | | | |
| 1. | GLUTEN | | No | No | Yes | Yes |
| 2. | TARTRAZINE | | No | No | No | No |
| 3. | MSG | | No | No | Yes | Yes |

NUTRITION FACTS

| | | Valeur / Nutritive | % Daily Value | |
|------------------------|--|--|----------------------|-------|
| | | Calories / Calories 370 | % valeur quotidienne | |
| Nutrition Facts | Per 1/2 cup (100 g) / Pour 1/2 tasse (100 g) | Fat / Lipides | 5 g | 08 % |
| | | <i>Saturated / satures + Trans / trans</i> | 0.0 g | 00 % |
| | | Cholestrol / Cholesterol | 0.0 g | 00 % |
| | | Sodium / Sodium | 3 mg | 00 % |
| | | Carbohydrate / Glucides | 61.0 g | 20 % |
| | | <i>Dietry Fibre / Fibres alime</i> | 17.0 g | 68 % |
| | | <i>Sugars / Sucres</i> | 02.0 g | |
| | | Protein | 20.0g | |
| | | Vitamin A / Vitamine A | | 00.0% |
| | | Vitamin C / Vitamine C | | 00.0% |
| | | Calcium / Calcium | | 15.0% |
| | | Iron / Fer | | 36.0% |